



SLC Aquadot Swim Team

SPRING INTO SUMMER 12 & UNDER DEVELOPMENT MEET

Saturday 29 October 2011

Sutherland Leisure Centre, Rawson Avenue, Sutherland

Warm up 10.30am

Start 11.00am

| Boys | Girls | Age | Distance | Stroke | Boys | Girls | Age | Distance | Stroke |
|------|-------|----------------|----------|--------------|------|-------|----------|----------|------------|
| 1 | 2 | 12/Under | 200m | Freestyle | 33 | 34 | 7/Under | 25m | Butterfly |
| 3 | 4 | 7/Under | 25m | Freestyle | 35 | 36 | 8/Under | 50m | Butterfly |
| 5 | 6 | 8/Under | 50m | Freestyle | 37 | 38 | 9 years | 50m | Butterfly |
| 7 | 8 | 9 years | 50m | Freestyle | 39 | 40 | 12/Under | 100m | Butterfly |
| 9 | 10 | 12/Under | 100m | Freestyle | 41 | 42 | 10 years | 50m | Butterfly |
| 11 | 12 | 10 years | 50m | Freestyle | 43 | 44 | 11 years | 50m | Butterfly |
| 13 | 14 | 11 years | 50m | Freestyle | 45 | 46 | 12 years | 50m | Butterfly |
| 15 | 16 | 12 years | 50m | Freestyle | 47 | 48 | 7/Under | 25m | Backstroke |
| 17 | 18 | 7/Under | 25m | Breaststroke | 49 | 50 | 8/Under | 50m | Backstroke |
| 19 | 20 | 8/Under | 50m | Breaststroke | 51 | 52 | 9 years | 50m | Backstroke |
| 21 | 22 | 9 years | 50m | Breaststroke | 53 | 54 | 12/Under | 100m | Backstroke |
| 23 | 24 | 12/Under | 100m | Breaststroke | 55 | 56 | 10 years | 50m | Backstroke |
| 25 | 26 | 10 years | 50m | Breaststroke | 57 | 58 | 11 years | 50m | Backstroke |
| 27 | 28 | 11 years | 50m | Breaststroke | 59 | 60 | 12 years | 50m | Backstroke |
| 29 | 30 | 12 years | 50m | Breaststroke | 61 | 62 | 12/Under | 200m | IM |
| 31* | 32* | 11/12 years | 400m | Freestyle | | | | | |

*Qualifying time – 6:00:00

Conditions of Entry

- The meet will be conducted under the rules of Swimming NSW and all swimmers must be registered members of SNSW.
- This is an Area approved meet and all results will be forwarded to SNSW.
- All events are timed finals and the one start rule applies. **Semi automatic timing will be used** for 50m and longer events; stopwatches will be used for 25m events.
- The meet director reserves the right to vary the programme including starting over the top.
- Medals will be awarded to 1st, 2nd and 3rd in each event. 7 & Under events attract one set of medals. Medals in 8/Under events will be awarded to 1st, 2nd and 3rd in each of 7/Under and 8 years age groups. Medals in 12/Under events will be awarded to 1st, 2nd and 3rd in each of 10/Under, 11 and 12 years. Medals will be awarded to each age group in dual age groups.
- Age as at 29 October 2011.
- Swimmers can choose to swim either the 25m or the 50m event in a stroke but not both.
- Entries close Friday 14 October 2011 unless closed early due to reaching capacity. No late or phone entries will be accepted.
- Entries are to be submitted by E-file with SNSW **multi entry cards** and summary sheets to follow.
- Entry fee \$5.00 per event.
- Normal pool entry applies.
- Cheques made payable to SLC Aquadot Swim Team.
- All entries to be sent to SLC Aquadot, PO Box 442, Sutherland 1499.
- Enquiries: Maree Emery 0404 898 155; Liz Orfanos 0432 719 908
- E-file www.aquadot.com.au
- Email: slcaquadot@hotmail.com